

# September 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>BREAKFAST:</b> Hot/Cold Cereal, French Toast, Pancakes, Eggs any style, Bacon/Sausage or Homemade Omelets	<b>Dinner:</b> Your Choice of Hamburger, Chicken Breast or Special of the Day		1 <b>BREAKFAST:</b> Your Choice <b>LUNCH:</b> Cobb Salad, Fruit & Dessert <b>DINNER Special:</b> Spaghetti, Peas & Dessert	2 <b>BREAKFAST:</b> Your Choice <b>LUNCH:</b> Chicken Salad w/crackers, Fruit & Dessert <b>DINNER Special:</b> Stuffed Cabbage, Rice, Baked Tomatoes & Dessert	3 <b>BREAKFAST:</b> Your Choice <b>LUNCH:</b> Chili, Cornbread, Fruit & Dessert <b>DINNER Special:</b> Crab Cakes, Roasted Potatoes, Vegetables & Dessert	4 <b>BREAKFAST:</b> Your Choice <b>LUNCH:</b> Egg Salad Sandwich, Carrot Raisin Salad, Fruit & Dessert <b>DINNER Special:</b> Italian Meatballs, Garlic Bread, Broccoli & Dessert
5 <b>BREAKFAST:</b> Your Choice <b>LUNCH:</b> Crab roll, Cold Pasta Salad, Fruit & Dessert <b>DINNER Special:</b> BBQ Ribs, Cheesy Potatoes, Vegetables & Dessert	6 <b>BREAKFAST:</b> Your Choice <b>LUNCH:</b> Hot Turkey Sandwich, Mashed Potatoes, Fruit & Dessert <b>DINNER Special:</b> Labor Day Cook-out	7 <b>BREAKFAST:</b> Your Choice <b>LUNCH:</b> Ham Salad w/ Crackers, Watermelon & Dessert <b>DINNER Special:</b> Chicken Pot Pie, Carrots, Biscuit & Dessert	8 <b>BREAKFAST:</b> Your Choice <b>LUNCH:</b> White Chicken Chili, Cornbread, Fruit & Dessert <b>DINNER Special:</b> Salisbury Steak, Mashed Potatoes, Fiesta Corn, & Dessert	9 <b>BREAKFAST:</b> Your Choice <b>LUNCH:</b> Asian Salad, Warm Roll, Fruit & Dessert <b>DINNER Special:</b> Meatloaf, Mashed Potatoes, Vegetables & Dessert	10 <i>Waffle Day</i> <b>BREAKFAST:</b> Your Choice <b>LUNCH:</b> Corn Dogs, Tater Tots, Fruit & Root Beer Floats <b>DINNER Special:</b> Salmon, Baked Potato, Green Beans & Dessert	11 <b>BREAKFAST:</b> Your Choice <b>LUNCH:</b> Chicken Fritters, Potato Salad, Fruit & Dessert <b>DINNER Special:</b> Swedish Meatballs, Noodles Vegetables & Dessert
12 <b>BREAKFAST:</b> Your Choice <b>LUNCH:</b> Deli Sub, Potato Soup, Fruit & Dessert <b>DINNER Special:</b> Tuna Noodle Casserole, Mixed Vegetable & Dessert	13 <b>BREAKFAST:</b> Your Choice <b>LUNCH:</b> Chili Dogs, Tater Tots, Fruit & Dessert <b>DINNER Special:</b> Kielbasa, Peppers & Onions, Rice & Dessert	14 <b>BREAKFAST:</b> Your Choice <b>LUNCH:</b> Chicken Salad Sandwich Relish Plate, Chips, Fruit & Dessert <b>DINNER Special:</b> Shepherd's Pie Vegetable & Dessert	15 <b>BREAKFAST:</b> Your Choice <b>LUNCH:</b> Ham Sandwich, Sour Cream Chips, Fruit & Dessert <b>DINNER:</b> Goulash, Zucchini, Garlic Bread & Dessert	16 <b>BREAKFAST:</b> Your Choice <b>LUNCH:</b> Chicken Tenders, Tomato Mozzarella Salad, Fruit & Dessert <b>DINNER Special:</b> Chicken Kiev, Vegetables, Wild Rice & Dessert	17 <i>Waffle Day</i> <b>BREAKFAST:</b> Your Choice <b>LUNCH:</b> Chipped Beef on Toast, Fruit & Dessert <b>DINNER Special:</b> Pizza, Cucumber Salad & Dessert	18 <b>BREAKFAST:</b> Your Choice <b>LUNCH:</b> Pastrami Rubeen Sandwich, Soup, Fruit & Dessert <b>DINNER Special:</b> National Cheeseburger Day, French Fries & Dessert
19 <b>BREAKFAST:</b> Your Choice <b>LUNCH:</b> BLT Sandwich, Chips, Fruit & Dessert <b>DINNER Special:</b> Orange Chicken Stir Fry & Vegetables & Dessert	20 <b>BREAKFAST:</b> Your Choice <b>LUNCH:</b> National Pizza Day, Salad & Dessert <b>DINNER Special:</b> Roast Turkey, Corn, Stuffing & Dessert	21 <b>BREAKFAST:</b> Your Choice <b>LUNCH:</b> Turkey Sandwich, Chips, Fruit & Dessert <b>DINNER Special:</b> Spiral Ham, Au Gratin, Vegetable & Dessert	22 <b>BREAKFAST:</b> Your Choice <b>LUNCH:</b> Cheesy Ham Sliders, Mac and Cheese, Fruit and Dessert <b>DINNER Special:</b> Chicken Marsala, Roast Potatoes, Mixed Veggies & Dessert	23 <b>BREAKFAST:</b> Your Choice <b>LUNCH:</b> Grilled Cheese, Tomato Soup, Fruit & Dessert <b>DINNER Special:</b> Stroganoff, Egg Noodles, Veggies & Dessert	24 <i>Waffle Day</i> <b>BREAKFAST:</b> Your Choice <b>LUNCH:</b> Tuna Pasta Salad, Fruit & Dessert <b>DINNER Special:</b> Stuffed Green Peppers, Rice, Carrots & Dessert	25 <b>BREAKFAST:</b> Your Choice <b>LUNCH:</b> Fried Chicken, Spinach Dip w/ Pretzels, Fruit & Dessert <b>DINNER Special:</b> Baked Pollock, Quinoa Salad, Buttered Peas & Dessert
26 <b>BREAKFAST:</b> Your Choice <b>LUNCH:</b> Quiche, Muffin, Fruit & Dessert <b>DINNER Special:</b> Pepper Steak, Veggies, Rice & Dessert	27 <b>BREAKFAST:</b> Your Choice <b>LUNCH:</b> Fish Sticks, Potato Wedges, Fruit & Dessert <b>DINNER Special:</b> Chicken Alfredo, Fettucine, Vegetables & Dessert	28 <b>BREAKFAST:</b> Your Choice <b>LUNCH:</b> Sloppy Joes, Chips, Fruit & Dessert <b>DINNER Special:</b> Meatloaf, Mashed Potatoes, Green Beans & Dessert	29 <b>BREAKFAST:</b> Your Choice <b>LUNCH:</b> Italian Sausage Melts, Garlic Mushrooms, Fruit & Dessert <b>DINNER Special:</b> Lemon Butter Cod, Rice, Veggies & Dessert	30 <b>BREAKFAST:</b> Your Choice <b>LUNCH:</b> Taco Bowls, Tortilla Chips, Fruit & Dessert <b>DINNER Special:</b> Country Fried Steak, Scalloped Potatoes, Zucchini & Dessert		

