

November 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST: Hot/Cold Cereal, French Toast, Pancakes, Eggs any style, Bacon/Sausage or Homemade Omelets	Dinner: Your Choice of Hamburger, Chicken Breast or Special of the Day		1 BREAKFAST: Your Choice LUNCH: Grilled Cheese, Roasted Red Pepper Soup, Fruit & Dessert DINNER Special: Stuffed Cabbage, Carrots, & Dessert	BREAKFAST: Your Choice LUNCH: Greek Salad, Focaccia, Fruit & Dessert DINNER Special: Chicken Kiev, Vegetables, Wild Rice & Dessert	3 Waffle Day BREAKFAST: Your Choice LUNCH: Rueben's, Chips, Fruit & Dessert DINNER Special: Salmon, Baked Potato, Green Beans & Dessert	4 BREAKFAST: Your Choice LUNCH: Egg Salad Sandwich, Broccoli Cheddar Soup, Fruit & Dessert DINNER Special: Swedish Meatballs, Noodles Vegetables & Dessert
5 BREAKFAST: Your Choice LUNCH: Deli Wraps, Potato Soup, Fruit & Dessert DINNER Special: Meatloaf, Mashed Potatoes, Broccoli & Dessert	6 BREAKFAST: Your Choice LUNCH: Corn Dogs, Tater Tots, Fruit & Dessert DINNER Special: Honey Baked Ham, Au Gratin Potatoes, Squash & Dessert	7 BREAKFAST: Your Choice LUNCH: Chicken Salad Sandwich, Soup, Fruit & Dessert DINNER Special: KFC Famous Bowl, Salad & Dessert	8 BREAKFAST: Your Choice LUNCH: Ham Sandwich, Sour Cream Chips, Fruit & Dessert DINNER: Goulash, Salad, Garlic Bread & Dessert	9 BREAKFAST: Your Choice LUNCH: Chicken Wings, Soup, Fruit & Dessert DINNER Special: Chicken Parmesan, Green Beans, Penne & Dessert	10 Waffle Day BREAKFAST: Your Choice LUNCH: Fall Harvest Salad & Dessert DINNER Special: Honey Glazed Chicken Breast, Herbed Rice, Carrots & Dessert	BREAKFAST: Your Choice LUNCH: Fish Sticks, Potato Wedges, Fruit & Dessert DINNER Special: Country Fried Steak, Mashed Potatoes, Zucchini & Dessert
12 BREAKFAST: Your Choice LUNCH: BLT Sandwich, Chips, Fruit & Dessert DINNER Special: Turkey Tetrazzini, Salad & Dessert	BREAKFAST: Your Choice LUNCH: Turkey Sandwich, Chips, Fruit & Dessert DINNER Special: Sweet & Sour Pork on Rice, Veggie Blend & Dessert	14 BREAKFAST: Your Choice LUNCH: Tuna Sandwiches, Fresh Veggies, Fruit & Dessert DINNER Special: Chicken Alfredo, Fettucine, Salad & Dessert	BREAKFAST: Your Choice LUNCH: Grilled Cheese, Tomato Soup, Fruit & Dessert DINNER Special: Stuffed Green Peppers, Rice, Carrots & Dessert	16 BREAKFAST: Your Choice LUNCH: Fried Chicken, Spinach Dip w/ Bread, Fruit & Dessert DINNER Special: Taco Bake, Salad, Fruit & Dessert	17 Waffle Day BREAKFAST: Your Choice LUNCH: Pumpkin Soup, Warm Sweet Bread, Fruit and Dessert DINNER Special: Chicken & Dumplings with Salad & Dessert	18 BREAKFAST: Your Choice LUNCH: Sloppy Joes, Chips, Fruit & Dessert DINNER Special: Hamburgers, Fries, Salad & Dessert
19 BREAKFAST: Your Choice LUNCH: Quiche, Muffin, Fruit & Dessert DINNER Special: Pepper Steak, Veggies, Rice & Dessert	20 BREAKFAST: Your Choice LUNCH: Crispy Chicken Salad, Fruit & Dessert DINNER Special: Meatloaf, Mashed Potatoes, Green Beans & Dessert	21 BREAKFAST: Your Choice LUNCH: Chipped Beef on Toast, Fruit & Dessert DINNER Special: Tuna Noodle Casserole, Salad & Dessert	22 BREAKFAST: Your Choice LUNCH: Chili, Cornbread, Fruit & Dessert DINNER Special: Pizza, Salad, Fruit & Dessert	23 BREAKFAST: Your Choice LUNCH: Tuna Salad with Crackers, Fruit & Dessert DINNER Special: Thanksgiving	24 Waffle Day BREAKFAST: Your Choice LUNCH: Turkey Sandwiches, Soup, Fruit & Dessert DINNER Special: Stroganoff, Egg Noodles, Veggies & Dessert	25 BREAKFAST: Your Choice LUNCH: Salami Melt, Tater Tots, Fruit & Dessert DINNER Special: Chicken Cordon Bleu, Mixed Rice, Vegetable & Dessert
26 BREAKFAST: Your choice LUNCH: Pulled Pork Sliders, Broccoli Salad, Fruit & Dessert DINNER: Salisbury Steak, Mashed Potatoes, Cowboy Relish & Dessert	BREAKFAST: Your Choice LUNCH: Ham Sandwich, Sour Cream Chips, Fruit & Dessert DINNER Special: Fried Chicken, Sweet Potatoes, Spinach & Dessert	28 BREAKFAST: Your Choice LUNCH: Roast Beef Sandwich, Variety Chips, Fruit & Dessert DINNER Special: Pot Roast, Potatoes, Carrots & Dessert	29 BREAKFAST: Your Choice LUNCH: Egg Salad Sandwich, Broccoli Cheddar Soup, Fruit & Dessert DINNER Special: Spaghetti, Salad & Dessert	30 BREAKFAST: Your Choice LUNCH: Pigs in a Blanket, Baked Beans, Fruit & Dessert DINNER Special: BBQ Ribs, Cheesy Potatoes, Vegetables & Dessert		