

September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST: Hot/Cold Cereal, French Toast, Pancakes, Eggs any style, Bacon/Sausage or Homemade Omelets	Dinner: Your Choice of Hamburger, Chicken Breast or Special of the Day			31 BREAKFAST: Your Choice LUNCH: Chicken Wings, Soup, Fruit & Dessert DINNER Special: Chicken Parmesan, Green Beans, Penne & Dessert	1 Waffle Day BREAKFAST: Your Choice LUNCH: Greek Salad & Dessert DINNER Special: Honey Glazed Chicken Breast, Herbed Rice, Carrots & Dessert	2 BREAKFAST: Your Choice LUNCH: Fish Sticks, Potato Wedges, Fruit & Dessert DINNER Special: Country Fried Steak, Mashed Potatoes, Zucchini & Dessert
3 BREAKFAST: Your Choice LUNCH: BLT Sandwich, Chips, Fruit & Dessert DINNER Special: Turkey Tetrazzini, Salad & Dessert	4 Labor Day BREAKFAST: Your Choice LUNCH: Farm Veggie Plate, Dips, Fruit and Dessert DINNER Special: Grilled Brats/Kielbasa, Veggies & Dessert	5 BREAKFAST: Your Choice LUNCH: Tuna Sandwiches, Fresh Veggies, Fruit & Dessert DINNER Special: Chicken Alfredo, Fettucine, Salad & Dessert	6 BREAKFAST: Your Choice LUNCH: Grilled Cheese, Tomato Soup, Fruit & Dessert DINNER Special: Stuffed Green Peppers, Rice, Carrots & Dessert	7 BREAKFAST: Your Choice LUNCH: Fried Chicken, Spinach Dip w/ Bread, Fruit & Dessert DINNER Special: Pizza, Salad, Fruit & Dessert	8 Waffle Day BREAKFAST: Your Choice LUNCH: Turkey Sandwich, Chips, Fruit & Dessert DINNER Special: Chicken & Dumplings with Salad & Dessert	9 BREAKFAST: Your Choice LUNCH: Sloppy Joes, Chips, Fruit & Dessert DINNER Special: Hamburgers, Fries, Salad & Dessert
10 BREAKFAST: Your Choice LUNCH: Quiche, Muffin, Fruit & Dessert DINNER Special: Pepper Steak, Veggies, Rice & Dessert	11 BREAKFAST: Your Choice LUNCH: Chipped Beef on Toast, Fruit & Dessert DINNER Special: Tuna Noodle Casserole, Salad & Dessert	12 BREAKFAST: Your Choice LUNCH: Crispy Chicken Salad, Fruit & Dessert DINNER Special: Meatloaf, Mashed Potatoes, Green Beans & Dessert	13 BREAKFAST: Your Choice LUNCH: Italian Sausage Melts, Garlic Mushrooms, Fruit & Dessert DINNER Special: Lemon Butter Cod, Rice, Veggies & Dessert	14 BREAKFAST: Your Choice LUNCH: Chili, Cornbread, Fruit & Dessert DINNER Special: Stroganoff, Egg Noodles, Veggies & Dessert	15 Waffle Day BREAKFAST: Your Choice LUNCH: Tuna Salad with Crackers, Minestrone, Fruit & Dessert DINNER Special: Roast turkey, Stuffing, Veggies & Dessert	16 BREAKFAST: Your Choice LUNCH: Salami Melt, Chips, Fruit & Dessert DINNER Special: Chicken Cordon Bleu, Mixed Rice, Vegetable & Dessert
17 Breakfast: Your choice Lunch: Pulled Pork Sliders, Broccoli Salad, Fruit & Dessert Dinner: Salisbury Steak, Mashed Potatoes, Cowboy Relish & Dessert	18 BREAKFAST: Your Choice LUNCH: National Cheeseburger Day DINNER Special: Fried Chicken, Sweet Potatoes, Spinach & Dessert	19 BREAKFAST: Your Choice LUNCH: Roast Beef Sandwich, Variety Chips, Fruit & Dessert DINNER Special: Pot Roast, Potatoes, Carrots & Dessert	20 BREAKFAST: Your Choice LUNCH: National Pepperoni Pizza Day! DINNER Special: Spaghetti, Salad & Dessert	21 BREAKFAST: Your Choice LUNCH: Pigs in a Blanket, Baked Beans, Fruit & Dessert DINNER Special: BBQ Ribs, Cheesy Potatoes, Vegetables & Dessert	22 Waffle Day BREAKFAST: Your Choice LUNCH: Roast Chicken Tomato Basil Salad, Fruit & Dessert DINNER Special: Crab Cakes, Quinoa, Vegetables & Dessert	23 BREAKFAST: Your Choice LUNCH: French Dip, French Onion Soup, Fruit & Dessert DINNER Special: Italian Meatballs, Garlic Bread, Broccoli & Dessert
24 BREAKFAST: Your Choice LUNCH: Fish Patty Sandwiches, Cole Slaw, Fruit & Dessert DINNER Special: Balsamic Glazed Pork Loin, Brussel Sprouts, Rice & Dessert	25 BREAKFAST: Your Choice LUNCH: Taco Bowls, Tortilla Chips, Fruit & Dessert DINNER Special: Broccoli & Ham Casserole, Salad & Dessert	26 BREAKFAST: Your Choice LUNCH: Hot Dogs, Chips, Fruit & Dessert DINNER Special: Chicken Pot Pie, Salad, Biscuit & Dessert	27 BREAKFAST: Your Choice LUNCH: Grilled Cheese, Roasted Red Pepper Soup, Fruit & Dessert DINNER Special: Salisbury Steak, Mashed Potatoes, Fiesta Corn, & Dessert	28 BREAKFAST: Your Choice LUNCH: Strawberry Poppy seed Chicken Salad, Fruit & Desserts DINNER Special: Chicken Kiev, Vegetables, Wild Rice & Dessert	29 Waffle Day BREAKFAST: Your Choice LUNCH: Rueben's, Chips, Fruit & Dessert DINNER Special: Salmon, Baked Potato, Green Beans & Dessert	30 BREAKFAST: Your Choice LUNCH: Egg Salad Sandwich, Broccoli Cheddar Soup, Fruit & Dessert DINNER Special: Swedish Meatballs, Noodles Vegetables & Dessert

