



December Birthdays:

Louise
Elsa
El



Words to describe
Christmas:
Family
Friends
Love
Joy
Peace



Mallard Cove Newsletter
December 2023



Mallard Cove
would
like to wish
everyone a very
Merry Christmas
and a blessed
New Year!



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December 2023

Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 10:00 Morning Games 11:00 Chair Exercise 1:00 Bingo	2 10:00 Morning Games 1:00 Cards & Games
3 9:45 Remote Church Service	4 10:00 Morning Games 11:00 Chair Exercise 1:00 Bingo 2:00 Pastor Ryan	5 10:00 Morning Games 11:00 Tai Chi 1:00 Christmas Stockings & Cards	6 Jim Quales 10:00 Morning Games 11:00 Chair Exercise 1:00 Entertainment	7 Marty Miller 10:00 Morning Games 11:00 Tai Chi 1:00 Christmas Centerpieces 5:30 Entertainment	8 Beauty Shop 10:00 Morning Games 11:00 Carolers 1:00 Manicures & Christmas Movie	9 10:00 Morning Games 1:00 Cards & Games
10 Christmas Party 	11 10:00 Morning Games 11:00 Chair Exercise 1:00 Bingo	12 10:00 Morning Games 11:00 Chair Drumming 1:00 Special Christmas Movie	13 Pastor Karen 10:00 Morning Games 11:00 Chair Exercises 12:30 Church Service 1:15 Bingo	14 10:00 Morning Games 11:00 Tai Chi 1:00 Christmas Cooking Project	15 Beauty Shop 10:00 Morning Games 11:00 Chair Exercise 1:00 Bingo	16 10:00 Morning Games 1:00 Cards & Games
17 9:45 Remote Church Service	18 Elsa's Birthday 10:00 Morning Games 11:00 Salvation Army 1:00 Bingo 6:30 Gerber String Program	19 10:00 Morning Games 11:00 Chair Drumming 1:00 Visit from Santa	20 Louise's Birthday 10:00 Morning Games 11:00 Chair Exercises 1:00 Bingo	21 10:00 Morning Games 11:00 Tai Chi 1:00 December Birthday Party	22 Beauty Shop 10:00 Morning Games 11:00 Exercise 1:00 Manicures & Movies	23 10:00 Morning Games 1:00 Cards & Games
24 9:45 Remote Church Service	25 Christmas Day 	26 10:00 Morning Games 11:00 Chair Exercise 1:00 Bingo	27 Pastor Karen 10:00 Morning Games 11:00 Chair Exercises 12:30 Church Service 1:15 Bingo	28 10:00 Morning Games 11:00 Tai Chi 1:00 Special Movie Day Hint – Wear Pink!	29 10:00 Morning Games 11:00 Chair Exercise 1:00 Bingo	30 10:00 Morning Games 1:00 Cards & Games 4:00 New Years Eve Party