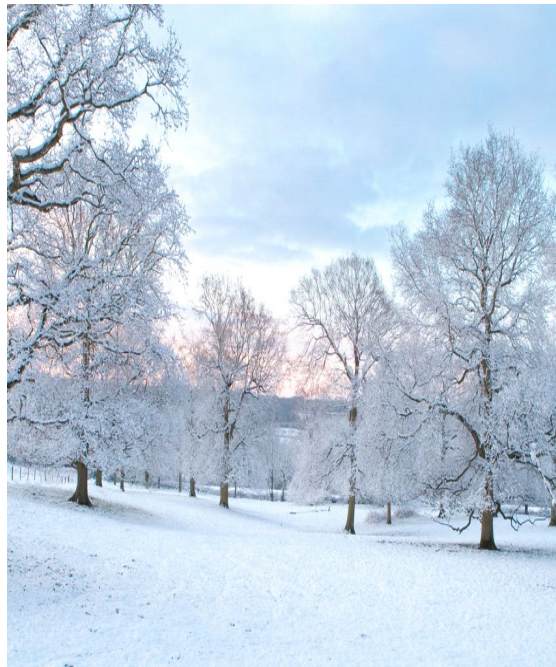




Inspiring Quotes:  
“It’s never too late  
to be what you  
might have been.”

Live and let live!



January 2024

*Mallard Cove Activity Calendar*



January Birthdays  
Dona – 12<sup>th</sup>  
Jay – 27<sup>th</sup>

Let It Snow!



Mallard Cove  
would like to wish  
everyone a  
Blessed  
New Year!




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[www.mallardcove.baruchsls.org](http://www.mallardcove.baruchsls.org)

# January 2024



## Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> 	<b>2</b> 10:00 Morning Games 11:00 Chair Exercise 1:00 Bingo	<b>3</b> 10:00 Morning Games 11:00 Chair Exercise 1:00 Bingo	<b>4</b> 10:00 Morning Games 11:00 Tai Chi 1:00 Manicures & Movies 2:00 MC Social	<b>5 Billy McAllister</b> 10:00 Morning Games 11:00 Chair Exercise 1:00 Entertainment	<b>6</b> 10:00 Morning Games 1:00 Card Games
<b>7</b> Remote Church Service	<b>8</b> 10:00 Morning Games 11:00 Chair Exercise 1:00 Bingo 2:00 Pastor Ryan	<b>9</b> 10:00 Morning Game 11:00 Chair Drumming 1:00 Shadow Box Craft	<b>10</b> 10:00 Morning Exercise 11:00 Chair Exercise 1:00 Bingo	<b>11</b> 10:00 Morning Games 11:00 Tai Chi 12:30 Birthday Celebration 1:00 Indoor Games	<b>12 Dona's Birthday</b> 10:00 Morning Games 11:00 Chair Exercise 1:00 Resident Council 1:30 Bingo	<b>13</b> 10:00 Morning Games 1:00 Card Games
<b>14</b> Remote Church Service	<b>15 Martin Luther King Day</b> 10:00 Morning Games 11:00 Chair Exercise 1:00 Bingo	<b>16</b> 10:00 Morning Games 11:00 Chair Drumming 1:00 Mary's Choice – Lets Be Surprised!	<b>17</b> 10:00 Morning Games 11:00 Chair Exercise 1:00 Bingo	<b>18</b> 10:00 Morning Games 11:00 Tai Chi 1:00 Manicures & Movies 2:30 MC Social	<b>19 National Popcorn Day</b> 10:00 Morning Games 11:00 Chair Exercise 1:00 Bingo	<b>20</b> 10:00 Morning Games 1:00 Card Games
<b>21</b> Remote Church Service	<b>22</b> 10:00 Morning Games 11:00 Salvation Army 1:00 Bingo	<b>23 Peter Feters</b> 10:00 Morning Games 11:00 Chair Drumming 1:00 Entertainment	<b>24 National Peanut Butter Day</b> 10:00 Morning Games 11:00 Chair exercise 1:00 Bingo 2:30 MC Social	<b>25</b> 10:00 Morning Games 11:00 Tai Chi 1:00 Valentine Centerpieces	<b>26</b> 10:00 Morning Games 11:00 Chair Exercise 1:00 Bingo	<b>27 National Chocolate Cake Day Jay's Birthday</b> 10:00 Morning Games 1:00 Card Games
<b>28</b> Remote Church Service	<b>29 National Hot Chocolate Day</b> 10:00 Morning Games 11:00 Chair Exercise 1:00 Bingo	<b>30</b> 10:00 Morning Games 11:00 Chair Drumming 1:00 Let's Make a Dessert	<b>31</b> 10:00 Morning Games 11:00 Chair Exercise 1:00 Bingo		