

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 BREAKFAST: Your Choice LUNCH: Chicken Wings, Macaroni Salad, Fruit & Dessert DINNER Special: Chicken Marsala, Vegetables, Wild Rice & Dessert	2 BREAKFAST: Your Choice LUNCH: Beef Nachos, Tortilla Chips, Fruit & Dessert DINNER Special: Kielbasa Sausage & Peppers, Rice, Carrots, & Dessert	3 BREAKFAST: Your Choice LUNCH: Grilled Chicken Greek Salad, Focaccia, Fruit & Dessert DINNER Special: Chicken Pot Pie, Salad, Biscuit & Dessert	4 BREAKFAST: Your Choice LUNCH: Grilled Cheese, Roasted Red Pepper Soup, Fruit & Dessert DINNER Special: 4 th of July Cookout	5 Waffle Day BREAKFAST: Your Choice LUNCH: Strawberry Poppyseed Chicken Salad, Cottage Cheese & Dessert DINNER Special: Salmon, Baked Potato, Green Beans & Dessert	6 BREAKFAST: Your Choice LUNCH: Chicken Tenders, Macaroni Salad, Fruit & Dessert DINNER Special: Swedish Meatballs, Noodles Vegetables & Dessert
2 BREAKFAST: Your Choice LUNCH: Rubeen's, Chips, Fruit & Dessert DINNER Special: Chicken Parmesan, Penne, Salad & Dessert	8 BREAKFAST: Your Choice LUNCH: Corn Dogs, Tater Tots, Fruit & Dessert DINNER Special: Honey Baked Ham, Au Gratin Potatoes, Squash & Dessert	9 BREAKFAST: Your Choice LUNCH: Deli Wraps, Soup, Fruit & Dessert DINNER Special: KFC Famous Bowl, Salad & Dessert	10 BREAKFAST: Your Choice LUNCH: Cheesy Ham Sliders, Macaroni, Fruit & Chocolate Ice Cream DINNER: Goulash, Salad, Garlic Bread & Dessert	11 BREAKFAST: Your Choice LUNCH: Chicken Caesar Salad, Fruit & Dessert DINNER Special: Shepherd's Pie, Veggie Salad & Dessert	12 Waffle Day BREAKFAST: Your Choice LUNCH: Chili, Cornbread, Fruit & Dessert DINNER Special: Salmon Patties, Cheesy Potatoes, Veggies & Dessert	13 BREAKFAST: Your Choice LUNCH: Fish Sticks, Potato Wedges, Fruit & Dessert DINNER Special: Country Fried Steak, Mashed Potatoes, Zucchini & Dessert
14 BREAKFAST: Your Choice LUNCH: BLT Sandwich, Chips, Fruit & Dessert DINNER Special: Burritos, Rice, Salad & Dessert	15 BREAKFAST: Your Choice LUNCH: Turkey Cranberry Salad on a croissant & Dessert DINNER Special: Lasagna, Veggie Blend, Garlic Bread & Dessert	16 BREAKFAST: Your Choice LUNCH: Sloppy Joes, Chips, Fruit, and Dessert DINNER Special: Chicken Alfredo, Fettucine, Salad & Dessert	17 BREAKFAST: Your Choice LUNCH: National Hotdog Day, Salad, Fruit & Dessert DINNER Special: Stuffed Green Peppers, Risotto, Carrots & Dessert	18 BREAKFAST: Your Choice LUNCH: Grilled Cheese, Tomato Soup, Fruit & Dessert DINNER Special: Taco Bake, Salad, Fruit & Dessert	19 Waffle Day BREAKFAST: Your Choice LUNCH: Tuna Sandwiches, Fresh Veggies, Fruit & Dessert DINNER Special: Hamburgers, Fries, Salad & Dessert	20 BREAKFAST: Your Choice LUNCH: Fried Chicken, Spinach Dip w/ Bread, Fruit & Dessert DINNER Special: Pizza, Salad & Dessert
21 BREAKFAST: Your Choice LUNCH: Quiche, Muffin, Fruit & Dessert DINNER Special: Tuna Noodle Casserole, Salad, Fruit & Dessert	22 BREAKFAST: Your Choice LUNCH: Turkey Sandwiches, Chips, Fruit & Dessert DINNER Special: Meatloaf, Potatoes, Veggies & Dessert	23 BREAKFAST: Your Choice LUNCH: Chipped Beef on Toast, Fruit & Dessert DINNER Special: Bake Spaghetti, Squash & Dessert	24 BREAKFAST: Your Choice LUNCH: Tuna Salad with Crackers, Fruit & Dessert DINNER Special: Beef Pepper Steak, Broccoli, Rice & Dessert	25 BREAKFAST: Your Choice LUNCH: BBQ Chicken Salad, Fruit & Dessert DINNER Special: Roast Turkey, Stuffing, Vegetables & Dessert	26 Waffle Day BREAKFAST: Your Choice LUNCH: Pulled Pork Sliders, Broccoli Salad, Fruit & Dessert DINNER Special: Crab Cakes, Quinoa, Vegetables & Dessert	27 BREAKFAST: Your Choice LUNCH: Mini Pizzas, Tossed Salad, Fruit & Dessert DINNER Special: Chicken Cordon Bleu, Mixed Rice, Vegetable & Dessert
28 BREAKFAST: Your choice LUNCH: Chicken Tacos, Chips & Salsa, Fruit & Dessert DINNER: Salisbury Steak, Mashed Potatoes, Cowboy Relish & Dessert	29 BREAKFAST: Your Choice LUNCH: Ham Sandwich, Sour Cream Chips, Fruit & Dessert DINNER Special: Fried Chicken, Sweet Potatoes, Spinach & Dessert	30 BREAKFAST: Your Choice LUNCH: Roast Chicken Tomato Basil Salad, Focaccia, Fruit & Dessert DINNER Special: Pizza, Salad, Fruit & Dessert	31 BREAKFAST: Your Choice LUNCH: Roast Beef Sandwich, Cucumber Salad, Fruit & Dessert DINNER Special: Spaghetti, Salad & Dessert		BREAKFAST: Hot/Cold Cereal, French Toast, Pancakes, Eggs any style, Bacon/Sausage or Homemade Omelets	Dinner: Your Choice of Hamburger, Chicken Breast or Special of the Day